



Fremont Freewheelers Bicycle Club Race Team Member Agreement 2023

Founded in 1974, the FFBC Race Team Inc. is the racing section of the Fremont Freewheelers Bicycle Club (FFBC). The Race Team is affiliated with USA Cycling (USAC) and the Northern California Nevada Cycling Association (NCNCA). The Race Team is a registered non-profit organization (501(c)(3) registered).

The Race Team is managed by a Board of Directors elected at the team's annual meeting.

During 2023 the team will race as "Team Fremont/FFBC".

The FFBC Race Team exists to promote the sport of cycling through active participation in NCNCA, USAC and NORBA events. To do this, we will:

1. Support each other in our racing and training and have fun.
2. Contribute to the local racing scene by hosting at least one racing event per season.
3. Educate team members and those interested in the sport of cycling.
4. Act as ambassadors of goodwill by representing the Race Team, sponsors and the Fremont Freewheelers Bicycle Club through courteous behavior at all times.

The Race Team offers two categories of membership:

Adult Adult team membership is \$60

This includes individual FFBC membership, \$20 value.

Junior Junior team membership is \$30.

This includes family FFBC membership, \$26 value.



Membership Requirements

1. FFBC Membership: All members of the Race Team must maintain membership of the FFBC.
2. Commitment to race or volunteer:
 - Road riders are required to attend a minimum of one event in three out of the four calendar quarters.
 - Off-road and track riders will have requirements based upon attending a significant span of the available racing calendar.
 - Members who are USAC/NORBA Officials will be required to work our race(s) and at least three others.
3. Mandatory Activities: Participation is required in three team activities:
 - Primavera Support: The Race Team will assist the FFBC's annual Primavera Century.
 - Race Team Events: The Race Team will organize several events, ranging from races, speaking engagements and sponsor rides. All team members are expected to be available to support at least one team event.
 - Team Photograph: Team members are expected to be present for our annual team photograph.
4. FFBC events and rides: Race Team members are part of the greater club. Team members should attempt to participate in club events and rides as this goes a long way toward maintaining this relationship.
5. Team Uniform: All Race Team members are required to purchase and race in a current race-year team uniform unless the team management allows otherwise. Your race kit must be maintained in a presentable condition.
6. Sponsors: Represent and support our sponsors in a positive manner. We gain from our sponsors – our part of the deal is that we represent them to the best of our abilities.
7. Race Reports: Each team member will inform the Team Captain of all races they attend – it is encouraged that this take the form of a written report to the team's email distribution list or website with selected reports being posted on the team Facebook page.
8. Monthly Meeting: Team members are expected to attend the monthly Race Team meetings. It is courteous to send your apologies in advance to the Team President if you will be unable to attend a meeting.
9. Team Training Rides: Team rides are not a chore – they are there to help you improve your fitness and bicycle skills with a view to racing. You should want to be there – see Team Goal #1.
10. Helmet: Wear a bicycle helmet approved by the USAC/NCNCA during participation in any activity as a member of the FFBC Racing Team. Lights are required for evening rides.
11. USAC License. Active Race Team members should maintain an active racing license with USAC.
12. Traffic Laws: Team members will obey all traffic laws and be courteous to pedestrians, other cyclists and drivers at all times.

Membership Benefits

1. Racing as a Team: Bicycle racing is an exciting activity. Racing as part of a team takes it to the next level – you thought it was fun before – just you wait! We have race support to a series of team targeted events – see the Incentive Scheme for full details.
2. Team Training Rides: To race as a team requires time together to organize ourselves. What better way than by riding together? The pro's do it and so can we! We employ Larry Nolan, USAC level 1 coach and multiple national and world champion as our team mentor.
 - Winter training rides are progressive in nature to build for the next season.
 - Weekday training rides are for high intensity and technical / skill work to mimic race situations.
 - Occasional timed events on local roads allow benchmarking of performance.
 - Informal on-season rides keep the interactions going between races.
3. Team Meetings: Meeting to review our recent racing and planning for the coming races helps focus the mind.
4. Sponsor benefits: Thanks to the generosity of our sponsors, team members are entitled to discounts on products and services from many local businesses. A full list of sponsor benefits is listed on the team web site and below.
5. Team Clothing: Team clothing is supplied at cost to the team members.
6. Team Incentives: A number of incentive schemes are available – see the Incentive Scheme document for full details.
7. FFBC Club rides and activities: You are also a member of the wider Fremont Freewheelers Bicycle Club. This entitles you to member discounts at various local bicycle shops – see the monthly e-newsletter, the Spoke'n Truth for full details. Don't forget the other FFBC activities, including picnics, dinners, and club meetings, not least the summer-time Wednesday evening Pizza Rides!
8. Team management may select events from the racing calendar where logistical and financial support is offered.
9. The team owns various equipment available for team member use.
10. The team will reimburse cost for USAC membership and or racing license for members who volunteer to organize / coordinate an open promotion for the team. (Promotion of events is a requirement of the NCNCA) The team will also consider reimbursement of the USAC Race Directors certification licensing and CEU for ongoing race director training.



Team Incentive Scheme

The requirements to qualify for the incentive scheme are as follows:

1. Join the team
2. Race or volunteer to help

Incentives are provided at the discretion of the Board of Directors. The Board of Directors reserve the right to vary or change the incentives as needed. The incentives are as follows:

The Race Team will reimburse all or part of race entries for two events per month from January through September. Additional races on race day are not covered. Late fees are not covered. Payment back to riders will be made at the end of year and is contingent on meeting team membership requirements. Actual payment will depend upon funding available.

Hammer Nutrition: 40% off all products. Hammer Nutrition provides superior fuel and energy products.

Schwalbe Bicycle Tires: Schwalbe Bicycle Tires offers Team Fremont a deep discount on their tires and tubes. Team Fremont and Schwalbe Bicycle Tires have agreed upon a pro purchasing deal. Members will receive 50% off retail of tires and tubes. Schwalbe Bicycle Tires is based in Canada and features some of the best tires for the road. The product line includes the Durano family, Marathon Plus, and the Ironman.
www.schwalbetires.com



FAMILY MEMBERSHIPS ONLY

Family members are enrolled as members of the FFBC only, a separate membership form is required for family members wishing to join the Race Team.

If both parent(s) and junior are joining the Race Team, then

- Complete a separate application for each person
- Pay for the FFBC family membership on the Junior form
- Deduct \$20 from the fee for the parent(s)

If two adults are joining the Race Team, then

- Complete a separate application for each person
- Pay for the FFBC family membership on one form
- Deduct \$20 from the fee for the other member

Please submit your completed form and fee to the team treasurer. Pay via Zelle to treasurer@fremonstraceteam.org. Please contact the team president or treasurer to discuss other payment options.

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IN CONSIDERATION of being permitted to participate in any way in Fremont Freewheelers Bicycle Club & it's subsidiary, Fremont Freewheelers Race Team, Inc Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, CONVENANT NOT TO SUE the club its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THE AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Applicant Name _____

Signature _____ Date _____

I agree that I have read, understand and will willingly support the goals of the Race Team and will fulfill the conditions for membership.

If under 18, parent or guardian signature required:

Parent or Guardian Name _____

Signature _____ Date _____

MINOR RELEASE

(complete for Participants Under the Age of 18)

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

MINOR'S NAME (PRINTED): _____ BIRTH DATE OF MINOR: _____

SIGNATURE OF MINOR PARTICIPANT: _____

PARENT/GUARDIAN NAME (PRINTED): _____

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18): _____

ADDRESS: _____
(Street) (City) (State) (Zip)

PHONE: () _____ DATE: _____